

Senior Center News July/August 2020

The Alabaster Senior Center, which is operated by the Alabaster Parks and Recreation Department, offers a variety of programs and services for individuals 55 years of age and older who live in Shelby County.

The Senior Center is located at 1097 – 7th Street S.W., Alabaster.

Hours of operation are Monday thru Friday from 8:00 am until 3:30 pm.

If you would like more information concerning Senior programs, please contact the Alabaster Senior Center at 205-663-1307 or belder@cityofalabaster.com.

**Due to the Pandemic, the Senior Center remains closed; however, that is subject to change as State restrictions change.
Please check our Facebook page for updates.**

**The following is for members of the Alabaster Senior Center - All subject to change.
You must call ahead!**

Online Activities during July and August:

- Wednesdays and Fridays:
 - 10:30 and 12:30 Arthritis Class (zoom)
- Paint Along Class with Darcy- Call for details
- July 23rd at 12:00 pm - Tech Talk Live
- July 27th at 9:03 am - Book Club
- August 11th at 10:30 am - Stretch Your Brain
- August 20th at 12:00 pm - Tech Talk Live
- August 24th at 9:30 am - Book Club

Drive-thru Activities offered during July and August:

- July 6th- Birthday Treats with Southern Care Hospice
- July 10th from 9:30 am until 10:30 am - Biscuits and Tea with Jim N' Nicks
- July 28th Hug-a-thon Day (time to be announced)
- August 3rd - Stop by the Senior Center for some Watermelon as we celebrate "National Watermelon Day"!
- August 7th from 9:30 am until 10:30 am - Biscuits and Tea with Jim N' Nicks