



## 2023 Thompson Youth Football Important Dates and Program Information

### IMPORTANT DATES

**Registration** – May 1<sup>st</sup> - May 27<sup>th</sup>

#### **Fittings**

Location – Field House at Buck Creek Park.

- **July 6** (Thur.) at 6:00 PM – 6<sup>th</sup> Grade
- **July 7** (Fri.) at 6:00 PM – 5<sup>th</sup> Grade
- **July 10** (Mon.) at 6:00 PM – 4<sup>th</sup> Grade
- **July 11** (Tues.) at 6:00 PM – 3<sup>rd</sup> Grade
- **July 13** (Thur.) at 6:00 PM – 1<sup>st</sup>/2<sup>nd</sup> Grade

#### **Equipment**

During equipment hand out, only coaches and league officials are allowed in the equipment room since they have the knowledge to correctly fit players with football equipment. The equipment should fit snug for proper protection.

**THS Football Camp** – TBA

**THS Coaches Meeting** – TBA

**Conditioning Week** – No Contact.

- **July 24** (Mon.) and **July 25** (Tues.) – Players can wear Helmets.
- **July 27** (Thur.) and **July 28** (Fri.) – Players can wear Helmets and Shoulder Pads.

#### **JSYFL Coaches Meeting**

- **July 22** (Sat.), time TBA, at Oak Mountain High School. Each team must have at least one coach in attendance, however, all coaches are encouraged to attend including assistants.

#### **Practice & Season**

- **July 31<sup>st</sup> (Mon.)** –The season begins with **Practice – Helmets only**.
- **July 31<sup>st</sup> (Mon.) thru August 6<sup>th</sup> (Sun.)** – Maximum of **22 practices** per team.
- **August 28<sup>th</sup> (Mon.)** – Games begin.

#### **Certification Day**

- **August 19<sup>th</sup> (Sat.)** at Hoover High School Cafeteria – Players will weigh in. They will need proof of residence, copy of school registration form, and their Birth Certificate.
- **August 26<sup>th</sup> (Sat.)** in the Pelham Press Box – Make up day.

**Playoffs** – TBA

**Championship Day** – Nov. 11<sup>th</sup> (Sat.) and Nov. 18<sup>th</sup> (Sat.)

## CONTACT INFORMATION

- **Jessica Butler**, Athletic Manager
- **Phone:** 205-664-6840
- **Email:** [jbutler@cityofalabaster.com](mailto:jbutler@cityofalabaster.com)
- **Website:** [www.alabasterparks.org](http://www.alabasterparks.org)

## REGISTRATION DETAILS

- **On-Line Registration** at [www.alabasterparks.org](http://www.alabasterparks.org)
  - Begins: May 1<sup>st</sup> at 8:00 AM
  - Ends: May 27<sup>th</sup> at 11:00 PM
- **Registration at the Alabaster Parks and Recreation office** located at 200 Depot Street
  - May 1<sup>st</sup> thru May 26<sup>th</sup> ... Weekdays only from 8:00 AM – 5:00 PM
- **Fee** – \$225.00 for 1<sup>st</sup> child
- **Multi child discount:** 10% after oldest child is paid in full.
- **Service fee:** There will be a **3.5%** service fee assessed by Municipal Pay Services, AL for all debit/credit card transactions. The City of Alabaster receives no additional revenue from this fee.
- **Additional Fees:** There may be additional fees for Spirit Packs depending on your child's team. The fees may not exceed \$50.

Registration forms will not be accepted or processed without payment. For special arrangements, contact Parks & Recreation. Our goal is to provide an opportunity for every child to participate

## Payments

- **Visa, Master Card, Discover, and Cash** are Accepted.
- **NO Checks** Accepted!
- **Cash Payments** – Please bring the exact amount owed as change will not be provided by our office.

**Registration Fee Includes** Game Jersey, Participation Award, and **rental use** of the following Equipment:

- All players are issued the following equipment before the start of the season:
  - Helmet, Shoulder Pads, and Game Pants..
- These items are the **property of** Alabaster Parks and Recreation and must be turned in at designated times once the season ends. Failure to do so could have a direct impact on the child's participation in future City programs.
- The Parent/Guardian is responsible for the cost of the equipment and will be invoiced for any lost or damaged equipment.

## PROGRAM INFORMATION

Thompson Youth Football (TYF) is an organization that offers Football for children 6–12 years of age who have not exceeded the 6<sup>th</sup> grade. The TYF program stresses proper teaching of Technique, Discipline, Fundamentals, High Competition, and Desire to Win. The organization is a founding member of the Jefferson-Shelby Youth Football League (JSYFL) which consists of Thompson, Cahaba Valley (Briarwood), Chelsea, Helena, Homewood, Hoover, Oak Mountain, Pelham, Spain Park, Trussville, and Vestavia Hills youth parks. The JSYF league operates under governing 2022 Bylaws and a Board of Directors with each Member Park having a vote in all league matters. The league is competitive in nature. The league offers a Playoff and Championship format at the end of the season to crown the Champion of each Grade.

## Participants

This program is available to boys in **1<sup>st</sup> through 6<sup>th</sup> grades** (2023/2024 school year). Additional qualifications may apply before being accepted in this program.

**Requirement: \*Kindergarteners MUST turn 6 prior to Aug. 2, 2023!**

- NO 5-year-olds allowed! Absolutely NO exceptions!
- 6-year-old Kindergarteners will be playing with 1<sup>st</sup> and 2<sup>nd</sup> graders in the Rookie 1 division.
- Please call our office and ask for Jessica as On-Line Registration is not an option for Kindergarteners.

## Grade Classifications

- There is no weight limit, however, the player's weight will determine if he is a restricted or unrestricted player.  
Restricted players will play from tackle to tackle.
- In all divisions, no player will be eligible who is in 7<sup>th</sup> grade or higher classification for the current year.
- Divisions are as follows:
  - Rookie – 1<sup>st</sup>/2<sup>nd</sup> Grade
  - Jr. 1 – 3<sup>rd</sup> Grade
  - Jr. 2 – 4<sup>th</sup> Grade
  - Sr. 1 – 5<sup>th</sup> Grade
  - Sr. 2 – 6<sup>th</sup> Grade

## Community Play Rule

All players must play for the member park community in which they reside, or for the private school which they attend.

## Birth Certificate

**REQUIRED:** ALL Players are required to have a copy of their Birth Certificate on file with the Parks and Recreation Dept. If you have not submitted one in the past, you can submit by uploading to your online account, emailing to [malawley@cityofalabaster.com](mailto:malawley@cityofalabaster.com), or delivering in person to the Parks and Recreation office.

## Playing Time

The minimum play rule will be null and void during the week in which the player has an unexcused missed practice.

Once playoffs start, there will be NO minimum play rule for any division.

- 1<sup>st</sup>/2<sup>nd</sup> Grade: All players are required to play **8 plays per game**.
- 3<sup>rd</sup>/4<sup>th</sup> Grade: All players are required to play **6 plays per game**.
- 5<sup>th</sup>/6<sup>th</sup> Grade: All players are required to play **4 plays per game**.

## Practice & Season

- The pre-season practice usually consists of 4 practices per week (Monday thru Friday).
- Once games begin, the week usually consists of 3 practices (Monday thru Friday) and 1 game per week.
- Games will be played on Monday, Tuesday, and Thursday nights.
- There will be no Saturday games.
- Each team will play 8 games (**4 games at Larry Simmons Stadium and 4 away games**) with the possibility of making the playoffs and eventually playing in the championship game in November.

## Team Splits

Jefferson-Shelby Youth Football dictates that teams will be split when a division reaches 40 players. Alabaster Parks and Recreation will use that number for team splitting purposes.

## Volunteer Coaches Only

**CPR Certification:** We will be offering classes for CPR Certifications. Dates and times are **TBA**.

### CoachSafely

**Mission:** Limit youth sports injuries through research, advocacy and education of coaches, parents, physical educators and other influential figures in young athletes' lives.

**Fast Facts about the CoachSafely Course:**

- Approved by Dr. James R. Andrews and CoachSafely's Medical Board
- Delivered online or through your mobile device through the CoachSafely website.
- 9 subject areas, 11 video modules.
- Subjects include Concussions, Mental Health, Overuse Injuries.
- 90 minutes maximum total time to complete full course.
- Complete at your own pace.
- Provided at no charge through the Alabama Recreation and Parks (ARPA) Coach Safely Initiative.

**To Access the CoachSafely Training Course:**

- Visit <https://www.arpaonline.org/arpa-coachsafely-initiative/> or scan the QR Code.
- Complete the personal information sections.
- Complete the 11 modules in the course and go CoachSafely.
- Certificates of completion can be printed or emailed in a PDF document.



