

JANUARY 2026



SENIOR CENTER

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<div>205-663-1307</div> <div>1097 7TH STREET SW ALABASTER, AL 35007</div> <div>MONDAY-FRIDAY 8 AM- 3:30 PM</div>		<div><div>● Blue Text: Sign-Up Required (Begins January 5)</div><div>● Red Text: No Sign-Up Required</div><div>LUNCH IS SERVED DAILY at 11:15 a.m. First Come, First Serve! Please sign in by 10:30 a.m.</div></div>	<div>1</div> <div>HAPPY NEW YEAR!</div> <div>SENIOR CENTER CLOSED</div>	<div>2</div> <div>SENIOR CENTER CLOSED</div>	<div>3</div>
<div>4</div>	<div>5</div> <div>8:30 a.m. Total Body Conditioning 10 a.m. Timeless Treasures Hymn Singing 11:30 a.m. Mahjong 12:15 p.m. Cardio Drumming</div>	<div>6</div> <div>1 p.m. Gentle Yoga 2:10 p.m. Intermediate Yoga</div>	<div>7</div> <div>9 a.m. Hooks & Needles 9:15 a.m. Total Body Conditioning 11:30 a.m. Hand & Foot 12:15 p.m. Cardio Drumming</div>	<div>8</div> <div>9:15 a.m. Beginner Line Dancing 10 a.m. Watercolor Workshop 10:10 a.m. High Beginner Line Dancing 1 p.m. Gentle Yoga</div>	<div>9</div> <div>Outing to Medders Family Farm and Lunch at Main Street Tavern 9 a.m. Zumba Gold 10:10 a.m. Total Body Conditioning 12 p.m. Penny Auction with SouthernCare New Beacon Clanton</div>	<div>10</div>
<div>11</div>	<div>12</div> <div>8:30 a.m. Total Body Conditioning 10 a.m. Timeless Treasures Hymn Singing 11:30 a.m. Mahjong 12 p.m. Singo with Rehab Select 12:15 p.m. Cardio Drumming</div>	<div>13</div> <div>10 a.m. Acrylic Painting 1 p.m. Gentle Yoga 2:10 p.m. Intermediate Yoga</div>	<div>14</div> <div>9 a.m. Hooks & Needles 9:15 a.m. Total Body Conditioning 10:30 a.m. Dignity Memorial Presentation 11:30 a.m. Hand & Foot 12:15 p.m. Cardio Drumming</div>	<div>15</div> <div>9:15 a.m. Beginner Line Dancing 10:10 a.m. High Beginner Line Dancing 1 p.m. Gentle Yoga</div>	<div>16</div> <div>Taste and Tour Alabaster: Environmental Services Tour and Lunch at Champy's 9 a.m. Zumba Gold 10:10 a.m. Total Body Conditioning</div>	<div>17</div>
<div>18</div>	<div>19</div> <div>MARTIN LUTHER KING JR. DAY SENIOR CENTER CLOSED</div>	<div>20</div> <div>10 a.m. Pour Painting 1 p.m. Cardmaking Class 1 p.m. Gentle Yoga 2:10 p.m. Intermediate Yoga</div>	<div>21</div> <div>9 a.m. Hooks & Needles 9:15 a.m. Total Body Conditioning 11:30 a.m. Hand & Foot 12:15 p.m. Cardio Drumming 12:30 p.m. Grits & Gouda presents: Cooking for Two</div>	<div>22</div> <div>9:15 a.m. Beginner Line Dancing 10:10 a.m. High Beginner Line Dancing 1 p.m. Gentle Yoga</div>	<div>23</div> <div>Tour Frank Lloyd Wright's Rosenbaum House and Lunch at Southern Grocery 9 a.m. Zumba Gold 10:10 a.m. Total Body Conditioning 12 p.m. Bingo with SouthernCare New Beacon Alabaster</div>	<div>24</div>
<div>25</div>	<div>26</div> <div>8:30 a.m. Total Body Conditioning 9:30 a.m. Book Club 10 a.m. Timeless Treasures Hymn Singing 11:30 a.m. Mahjong 12:15 p.m. Cardio Drumming 1 p.m. Master Gardener Series: Native Plants</div>	<div>27</div> <div>1 p.m. Gentle Yoga 2:10 p.m. Intermediate Yoga</div>	<div>28</div> <div>9 a.m. Hooks & Needles 9:15 a.m. Total Body Conditioning 11:30 a.m. Hand & Foot 12 p.m. Fruit Cookie Pizza Bar with ProHealth 12:15 p.m. Cardio Drumming</div>	<div>29</div> <div>9:15 a.m. Beginner Line Dancing 10:10 a.m. High Beginner Line Dancing 1 p.m. Gentle Yoga</div>	<div>30</div> <div>ASO Coffee Concert at the Alys Stephens Center and Lunch at Jefferson's 9 a.m. Zumba Gold 10:10 a.m. Total Body Conditioning</div>	<div>31</div>

Calendar Subject to Change